



10th Annual Miles for Minds



TO BENEFIT THE CENTER FOR BRAIN INJURIES

Sunday, July 29, 2018
Roosevelt Park
Edison, NJ

www.JFKMC.org/5K



2018 Grand Prix



500 Point Event



Hackensack Meridian Health
JFK Medical Center
Foundation

SCHEDULE

Sunday, July 29, 2018

Roosevelt Park, Edison, NJ

7:30 am - 8:30 am

Registration, health screenings, display tables

8:30 am

Fun Run/Walk starts!

9:00 am

5K Race starts!

Awards ceremony immediately

following the 5K race.

Baldasari and Leestma Race Mgmt.

Race scoring and timing provided by:

www.compuscore.com

REGISTRATION

To register, complete the registration form and mail or fax it in.

Mail checks payable to the

JFK Medical Center Foundation

80 James St., Edison, NJ 08820

Or Register Online at

www.JFKMC.org/5K

DIRECTIONS

Route 287: Follow 287 to Exit for Route 1 North. Follow directions for Route 1 North. Route 1 South: Make right at Grandview Ave. (After Menlo Park Mall); Bear right; Make first left into park. Route 1 North: Take jug handle at Lafayette Rd. Cross back over Route 1 (turns into Grandview Ave.). Bear right, make first left into park. NJ Turnpike: Take Exit 10 (287 North); 287 North to Route 1 North. Follow directions for Route 1 North. Garden State Parkway - South: Take Exit for Route 1 South. Follow directions for Route 1 South. Garden State Parkway - North: Take Exit for 287 North (after Driscoll Bridge). Take Exit for Route 1 North. Follow directions for Route 1 North.

REGISTRATION FORM

5K RACE & FUN RUN/WALK ENTRY FORM

Name \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex (circle one): Male Female

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

2018 USATF-NJ# \_\_\_\_\_

FEES:

25 \$ 5K by 7/20 (\$22 USATF-NJ members)

30 \$ 5K after 7/20 or on race day

20 \$ Fun Run/Walk

Online & Mail-In Registration close after 7/23. Same day registration will be available for those who miss the deadline.

Total Amount: \$ \_\_\_\_\_

Method of payment: (check one) Check Credit Card

Credit Card # \_\_\_\_\_

Expiration date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

There are no refunds after entry form is received.

Tee Shirt Size: (circle one) S M L XL XXL (tee shirts provided to the first 300 registered participants)

Waiver: I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims I may have against the John F. Kennedy Medical Center Foundation, Inc., the County of Middlesex, the Cerebral Palsy Assoc. of Middlesex County, Baldasari and Leestma Race Management, all sponsors, and other persons or organizations connected with the 10th Annual JFK Miles for Minds 5K and Fun Run/Walk, and their respective agents, employees, officers, volunteers, representatives, successors, and assignees from any and all injuries that may be suffered by me in connection with this event. Further, I hereby certify that I am physically able to participate in this event and hereby grant the right to publish my name in the news media and use my likeness in any photographic record for the 10th Annual JFK Miles for Minds 5K and Fun Run/Walk.

Signature: \_\_\_\_\_

(parent's signature if under 18)

Date: \_\_\_\_\_

## CENTER FOR BRAIN INJURIES

### About the Center for Brain Injuries

JFK Johnson Rehabilitation Institute's Center for Brain Injuries at JFK Medical Center in Edison, NJ is nationally known as a pioneer in brain trauma evaluation and treatment. It was one of the first rehabilitation centers in the country to recognize that individuals who have sustained traumatic brain injuries or other acquired neurological injuries, such as stroke or anoxia, require a specialized treatment environment with high-quality care provided by a team of medical and rehabilitation specialists.

Specifically designed for patients with brain injury, the Center for Brain Injuries offers specialized rehabilitative services through all stages of recovery. The Center's distinguished and seamless continuum of care includes the Brain Trauma Unit (BTU), Extended Recovery Unit (ERU) and the Cognitive Rehabilitation Department.

The Center's goal is to restore real-life skills to those with brain injuries so that they may return to their families and community at the maximum level possible. With a strong record of clinical research, innovative treatment and diagnostic methods, the Center for Brain Injuries provides patients and families with support, education and training as they navigate the road to recovery.

For more information about The Center for Brain Injuries, please visit our website at [www.njrehab.org](http://www.njrehab.org).

## RACE INFORMATION

### COURSE:

USATF Certified Course and Sanctioned Race  
Course Description: Park loop on roads.  
Scenic, wooded, shaded and lakeside.

### AWARDS

5K: Top 3 Overall Male & Female  
Top 3 Male & Female in each age group

### AGE GROUPS:

14 and under to 15 to 80+

Tee shirts provided to the first 300 registered participants.

### ENTRY FEES:

**\$25** by 7/20 (**\$22** USATF-NJ members)  
**\$30** 5K after 7/20 or on race day  
**\$20** Fun Run/Walk

### MEDICAL/SAFETY/WATER

Course traffic controlled and marshaled.  
Emergency medical technicians on-site.  
Baby strollers, bicycles, pets, skates, or roller blades are prohibited in the 5K race. Water will be available at the start, on the course and at the finish.

### PARKING/RESTROOMS

For parking and restroom locations visit [www.co.middlesex.nj.us/parksrecreation/index.asp](http://www.co.middlesex.nj.us/parksrecreation/index.asp). Select *Parks*—#8 *Roosevelt Park*—*Park Map* (Adobe PDF)

## SPONSORSHIPS

**Yes!** Please reserve the sponsorship checked below for my company.

- Title Sponsor** **\$15,000**
- Gold Medal Sponsor** **\$10,000**
- Silver Medal Sponsor** **\$5,000**
- Bronze Medal Sponsor** **\$3,000**
- Finish Line Sponsor** **\$1,000**
- Checkpoint Sponsor** **\$500**
- Starter Sponsor** **\$200**
- Vendor Table** **\$200**
- I cannot participate but would like to make a contribution in the amount of \$\_\_\_\_\_.**

Contact Name \_\_\_\_\_  
Title \_\_\_\_\_  
Company \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_

Total Amount: \$\_\_\_\_\_ Method of payment: (check one)

Check  Pledge  Credit Card

Credit Card # \_\_\_\_\_

Expiration date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

**Mail completed form and check (payable to the JFK Medical Center Foundation) to:**

**JFK Medical Center Foundation**

**80 James Street**

**Edison, NJ 08820**

**Phone: (732) 632-1540 ▪ Fax: (732) 632-1542**

## DONATION SHEET

Whether or not you are participating in the 10th Annual Miles for Minds 5K and Fun Run/Walk, you can help us raise additional funds for The Center for Brain Injuries by collecting donations.

Ask your family, friends and colleagues to support you by making a charitable gift to The Center for Brain Injuries.

SPONSOR'S NAME	AMOUNT
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
<b>TOTAL</b>	<b>\$</b>

These gifts are in honor of (*choose one*):

Individual: \_\_\_\_\_

Team: \_\_\_\_\_

Complete form and mail checks made payable to:

JFK Medical Center Foundation  
80 James Street  
Edison, NJ 08820

Remember to enclose matching gift forms if applicable. For additional donation collection forms, please call the JFK Foundation at (732) 632-1540.